



WORKSHOP for VALENTINES



INDULGE YOUR WELLNESS DREAMS IN
OUR BOX OF CHOCOLATES



Saturday, February 10

1 - 4:30 pm

CN Station, Marina Park

For a minimal investment of **\$49 per person or bring a friend for \$69**, join us for a workshop filled with common sense strategies, visualization exercises and a fun, interactive format promoting wellness with your **MONEY\$**

Limited seating, reserve in advance by calling today to register 345-3328 or 629-0009